



WELLNESS IS YOUR TICKET TO REWARDS!

The 2017 Benefit Rewards program will begin January 1 and end August 31. This incentive program for City employees enrolled in City-sponsored health plans will help employees save on medical benefit premiums and earn additional HRA funds.

75/25 HRA PLAN

Earn \$300 toward your HRA by completing both Start-Up Goals

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Earn a \$240 Benefit Rewards Wellness credit (premium reduction) by completing 200 points worth of activities



- Online personal health assessment
- Annual physical with biometric screening



A detailed look at activities will be posted on the City of Dallas benefits site after January 1, 2017

70/30 PLAN

Complete both Start-Up Goals and 200 points worth of activities to earn a \$240 Benefit Rewards Wellness credit (premium reduction)



The four biometric measures are worth 50 activity points each. If your biometrics are normal during your physical, you automatically earn 200 activity points. If not, there are plenty of chances to earn the required activity points towards the premium reduction.

Visit the City of Dallas benefits site after January 1 for a list of options.